

Declutter.
Downsize.
Discover.

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Okay, where to start?

Decluttering is the process of removing unnecessary, unused, or excess items from your space to create a more organized, efficient, and calming atmosphere. It involves sorting through belongings and deciding what to keep, donate, sell, recycle, or throw away.

Start Small

Choose one area: Begin with a small, manageable space like a drawer, a shelf, or a corner of a room. Focusing on a smaller task makes it easier to build momentum.

Set a timer: Allocate 10-30 minutes to declutter a specific area, rather than trying to do everything at once. This prevents burnout and helps maintain focus.

Sort: Create 4 areas specific for **Donate, Sell, Recycle, and Throw away.** Make sure that you have a plan to have those items no longer remain in your home once you have made the decision. You will see your progress and stay motivated!

Did you know that decluttering...

Improves Mental Clarity: A cluttered space can create mental clutter. By clearing physical items, you may feel less stressed, more focused, and have better mental clarity.

Increases Productivity: With fewer distractions and more organization, it's easier to find things and focus on tasks.

Saves Time and Money: Less clutter means less time spent searching for misplaced items and fewer purchases of duplicates due to disorganization.

Enhances Well-being: A tidy, clutter-free space is often more comfortable and inviting, creating a sense of peace and well-being.

Sustainability: By decluttering, you can donate or recycle items, contributing to a more sustainable lifestyle by reusing or properly disposing of them.

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You are on a roll ~ so keep going!

- **Tackle the Garage and Basement:** that may require a little outside help and that's okay!
- **Locate Important Documents**
- **Sort Photos**
- **Follow the 1-Year Rule:** if you haven't used or needed it in 1 year then it may be time to let go.



When to start?

It's never
too early.



**“I’m the Clutter Fairy. I’ll come back ...
I’m gonna need a much bigger wand!”**

Moving?

Schedule a complimentary consultation
with a Move Management Company



Home Organization



Project Coordination



Unpacking and Settling in



Clean Out Services



Donation Coordination



Auction Services

Every home holds a treasure.
We'll find yours.



Start early so you will be ready!





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